Table 2 Clinical signs indicating rapid progression and need for urgent medical care

In adults	In children
Difficulty in breathing or shortness of breath	Tachypnoea or laboured breathing
Pain or pressure in the chest or abdomen	Skin colour change, grey or blue
Episodes of sudden dizziness	Inadequate intake of oral fluids
Severe or continuous vomiting	Severe or continuous vomiting
Influenza-like illness that improves but then returns with fever and cough	Influenza-like illness that improves but then returns with fever and cough
Confusion	Irritable or not waking up