

Table 3 Methods of keeping their medical knowledge up-to-date reported by physicians working in primary health care centres in Riyadh city (*n* = 87)

| Method | 1st preference | | 2nd preference | | 3rd preference | | 4th preference | | 5th preference | |
|----------------------------------|----------------|----|----------------|----|----------------|----|----------------|----|----------------|----|
| | No. | % | No. | % | No. | % | No. | % | No. | % |
| Attending lectures/presentations | 22 | 25 | 28 | 32 | 59 | 68 | 9 | 10 | 16 | 18 |
| Private reading and study | 17 | 20 | 13 | 15 | 11 | 13 | 4 | 5 | 1 | 1 |
| Attending morning meetings | 16 | 18 | 16 | 18 | 12 | 14 | 2 | 2 | 1 | 1 |
| Working on a personal project | 3 | 3 | 4 | 5 | 3 | 3 | 22 | 25 | 9 | 10 |
| Study for postgraduate degree | 1 | 1 | 1 | 1 | 1 | 1 | 9 | 10 | 14 | 16 |
| Missing data | 28 | 32 | 25 | 29 | 1 | 1 | 41 | 47 | 46 | 53 |