Table 2 Pharmacists' knowledge of indications, precautions and interactions of selected herbs		
Statement	% of respondents (n = 115)	
	Correct	Incorrect
Echinacea is used to boost immunity	91	9
Ginseng may increase blood pressure	90	10
Ginseng should be avoided in diabetic patients	90	10
St John's wort is commonly used for mild to moderate depression	82	18
Ginkgo is claimed to delay dementia	78	23
Ginkgo can increase the risk of bleeding when combined with warfarin	60	40
St John's wort may increase blood digoxin level	30	70

28

73

Valerian should be used cautiously in patients using

benzodiazepines