

**Table 1 Demographic characteristics and decreases in mean scores of older adults on the 15-item geriatric depression scale (GDS-15) before and after group reminiscence therapy (*n* = 49)**

Variable	No. of subjects	%	Decrease in GDS-15 score			
			Immediately after versus before intervention		1 month after versus before intervention	
			Mean (SD)	<i>P</i> -value <sup>a</sup>	Mean (SD)	<i>P</i> -value <sup>a</sup>
<b>Total</b>	49	100.0	1.45 (0.02)		0.63 (0.01)	
<b>Age (years)</b>				0.922		0.381
60–64	24	49.0	1.45 (1.10)		0.50 (0.78)	
65–69	18	36.7	1.38 (1.09)		0.66 (0.90)	
≥ 70	7	14.3	1.57 (0.53)		1.00 (0.81)	
<b>Sex</b>				0.914		0.679
Female	40	81.6	1.45 (1.10)		0.60 (0.84)	
Male	9	18.4	1.44 (0.52)		0.77 (0.83)	
<b>Marital status</b>				0.022		0.014
Married	24	49.0	1.16 (0.76)		0.33 (0.76)	
Widowed or separated	25	51.0	1.72 (1.17)		0.92 (0.81)	
<b>Educational level</b>				0.922		0.178
Illiterate	9	18.4	1.33 (1.32)		0.55 (0.88)	
Primary school	22	44.9	1.45 (1.01)		0.68 (0.83)	
Secondary school	7	14.3	1.28 (1.11)		0.14 (0.37)	
Diploma and higher	11	22.4	1.63 (0.80)		0.90 (0.94)	
<b>Employment status</b>				0.352		0.636
Retired	11	22.4	1.72 (0.78)		0.72 (0.90)	
Employed or housewife	38	77.6	1.36 (1.07)		0.60 (0.82)	
<b>Income per month (rials)</b>				0.109		0.184
< 1 million	18	36.7	1.11 (1.13)		0.44 (0.85)	
1–2 million	19	38.8	1.78 (1.03)		0.89 (0.80)	
≥ 2 million	12	24.5	1.41 (0.66)		0.50 (0.79)	
<b>Residential status</b>				0.131		0.277
Lives alone	11	22.4	1.90 (0.94)		0.81 (0.75)	
Lives with family	38	77.6	1.31 (1.01)		0.57 (0.85)	
<b>Medical illness</b>				0.487		0.315
Yes	37	24.5	1.48 (1.09)		0.70 (0.87)	
No	12	75.5	1.33 (0.77)		0.41 (0.66)	
<b>History of depression</b>				0.794		0.283
Yes	18	36.7	1.44 (1.24)		0.77 (0.73)	
No	31	63.3	1.45 (0.88)		0.54 (0.88)	

<sup>a</sup>Mann–Whitney and Kruskal–Wallis tests.

SD = standard deviation.