

Table 5 Comorbidity risk factors among patients with previously diagnosed diabetes mellitus (DM)

Variable	Total subjects	Previously diagnosed DM		P-value
	No.	No.	%	
Family history of DM				
Yes	100 109	19 005	19.0	< 0.001
No	96 660	11 793	12.2	
Personal history of CVD				
Yes	5 372	2 526	47.0	< 0.001
No	191 397	28 272	14.8	
Blood pressure				
Hypertensive	30 484	12 492	41.0	< 0.001
Non-hypertensive	166 285	18 306	11.0	
Tobacco smoking				
Current smoker	33 065	4 003	12.1	< 0.001
Nonsmoker	163 164	26 677	16.3	
BMI				
Underweight	2 617	120	4.6	< 0.001
Normal weight	38 651	3 670	9.5	
Overweight	68 720	10 219	14.9	
Obese	85 780	16 633	19.4	
Physical activity				
Sedentary	50 535	9 372	18.5	< 0.001
Mild	104 382	16 379	15.7	
Moderate	35 847	4 384	12.2	
Strenuous	4 623	439	9.5	

CVD = cardiovascular disease; BMI = body mass index.