	. 0	
Variable	No.	%
Folate use in pregnancy		
Did not take folate	84	30.3
Took folate	193	69.7
Time of supplementation (n = 193)		
Before pregnancy	15	7.8
During 1st month	52	26.9
After 1st month	126	65.3

151

42

148

45

78.2

21.8

76.7

23.3

Way of supplementation (n = 193)

Recommended (0.4 mg)

Not as recommended

Daily

Interrupted

Dosage (n = 193)

Table 3 Proportion of pregnant women who took folate in pregnancy (n = 277)