

Table 5 Frequency of risk factors in the subset of patients with metabolic syndrome by sex according to Adult Treatment Panel-III (ATP-III) criteria

ATP-III criteria	Males (n = 76)		Females (n = 149)		Total (n = 225)		P-value
	No.	%	No.	%	No.	%	
Diabetes mellitus	39	51.3	56	37.6	95	42.2	0.03
Obesity (high WC)	58	76.3	139	93.3	197	87.6	< 0.001
High TG	56	73.7	100	67.1	156	69.3	0.19
Low HDL-C	41	53.9	108	72.5	149	66.2	< 0.01

Difference between males and females was statistically significant ($P \leq 0.05$).

WC = waist circumference; TG = triglycerides; HDL-C = high-density lipoprotein cholesterol.