

Table 3 Standardized direct, indirect and total effects of breastfeeding on developmental milestones and cognitive tests at different ages by sex

Variable	Females						Males					
	Direct effect		Indirect effect		Total effect		Direct effect		Indirect effect		Total effect	
	r	SE	r	SE	r	SE	r	SE	r	SE	r	SE
Developmental milestones	-0.12*	0.02	-	-	-0.12*	0.02	-0.01	0.02	-	-	-0.01	0.02
Cognitive tests between age 8 and 15 years	-	-	0.01*	0.002	0.01*	0.002	0.08*	0.014	0.0005	0.001	0.0805*	0.014
Reading tests at age 26 years	-	-	0.00	0.002	0.00	0.002	-0.01	0.01	0.06*	0.01	0.05*	0.02
Visual and memory tests at age 43 years	0.050*	0.02	0.001	0.00	0.051*	0.02	-	-	0.005	0.005	0.005	0.005

*P < 0.05.

r = standardized path coefficient; SE = standard error.