

**Table 3 Age of weaning of infants to different food groups**

| Weaning food | Age of weaning (months) |     |     |      | Total |
|--------------|-------------------------|-----|-----|------|-------|
|              | 1-3                     |     | ≥ 4 |      |       |
|              | No.                     | %   | No. | %    |       |
| Cereals      | 63                      | 9.1 | 632 | 90.9 | 695   |
| Fruit        | 55                      | 7.8 | 646 | 92.2 | 701   |
| Dessert      | 40                      | 5.9 | 634 | 94.1 | 674   |
| Dairy        | 38                      | 5.6 | 645 | 94.4 | 683   |
| Vegetables   | 32                      | 4.6 | 661 | 95.4 | 693   |
| Eggs         | 16                      | 2.4 | 646 | 97.6 | 662   |
| Meat         | 9                       | 1.3 | 660 | 98.7 | 669   |
| Legumes      | 3                       | 0.5 | 650 | 99.5 | 653   |