

Table 3 Prevalence of underweight, normal, overweight and obesity in high-school girls in Sistan va Baluchistan province according to World Health Organization BMI-for-age criteria [20]

Age (years)	Total no.	Underweight <sup>a</sup>			Normal <sup>b</sup>			Overweight <sup>c</sup>			Obesity <sup>d</sup>		
		No.	%	BMI (kg/m <sup>2</sup> ) Mean (95% CI)	No.	%	BMI (kg/m <sup>2</sup> ) Mean (95% CI)	No.	%	BMI (kg/m <sup>2</sup> ) Mean (95% CI)	No.	%	BMI (kg/m <sup>2</sup> ) Mean (95% CI)
		14–14.9	37	6	16.2	14.3 (13.2–15.4)	27	73.0	19.5 (18.6–20.3)	4	10.8	25.2 (24.7–25.7)	0
15–15.9	156	12	7.7	15.1 (14.7–15.5)	131	84.0	19.3 (18.9–19.6)	11	7.1	25.5 (24.9–26.0)	2	1.3	30.4 (25.7–35.2)
16–16.9	185	22	11.9	15.4 (15.1–15.8)	145	78.4	19.6 (19.2–19.9)	15	8.1	26.6 (26.1–27.2)	3	1.6	30.8 (26.8–34.8)
17–17.9	212	20	9.4	15.9 (15.6–16.2)	171	80.7	20.0 (19.7–20.3)	17	8.0	27.2 (26.4–27.9)	4	1.9	34.1 (24.8–43.3)
18–18.9	162	16	9.9	15.8 (15.4–16.1)	128	79.0	19.8 (19.4–20.2)	16	9.9	27.2 (26.5–27.8)	2	1.2	31.0 (28.5–33.5)
Total	752	76	10.1	15.5 (15.3–15.7)	602	80.1	19.7 (19.5–19.8)	63	8.4	26.6 (26.3–26.9)	11	1.5	32.0 (29.5–34.4)

<sup>a</sup>BMI < 5th percentile.

<sup>b</sup>BMI ≥ 5th ≤ 85th percentile.

<sup>c</sup>BMI > 85th < 95th percentile.

<sup>d</sup>BMI ≥ 95th percentile.

BMI = body mass index; CI = confidence interval.