

Table 2 Prevalence of overweight and obesity in high-school girls in Sistan va Baluchistan province according to NHANES I [19] and IOTF [18] cut-offs

Age (years)	Total no.	Overweight per NHANES I <sup>a</sup>			Obesity per NHANES I <sup>b</sup>			Overweight per IOTF <sup>c</sup>			Obesity per IOTF <sup>d</sup>		
		No.	%	BMI (kg/m <sup>2</sup> )	No.	%	BMI (kg/m <sup>2</sup> )	No.	%	BMI (kg/m <sup>2</sup> )	No.	%	BMI (kg/m <sup>2</sup> )
				Mean (95% CI)			Mean (95% CI)			Mean (95% CI)			Mean (95% CI)
14–14.9	37	4	10.8	25.2 (24.7–25.7)	0	0.0	0	4	10.8	25.2 (24.7–25.7)	0	0.0	0
15–15.9	156	11	7.1	25.5 (24.9–26.0)	2	1.3	30.4 (25.7–35.2)	12	7.7	25.4 (24.8–25.9)	2	1.3	30.4 (25.7–35.1)
16–16.9	185	15	8.1	26.6 (26.1–27.2)	3	1.6	30.8 (26.8–34.8)	15	8.1	26.6 (26.1–27.2)	3	1.6	30.8 (26.8–34.8)
17–17.9	212	17	8.0	27.2 (26.4–27.9)	4	1.9	34.1 (24.8–43.3)	18	8.5	27.1 (26.3–27.7)	4	1.9	34.1 (24.8–43.4)
18–18.9	162	16	9.9	27.2 (26.5–27.8)	2	1.2	31.0 (28.5–33.5)	17	10.5	27.1 (26.4–27.7)	2	1.2	31.0 (28.5–33.5)
Total	752	63	8.4	26.6 (26.3–26.9)	11	1.5	32.0 (29.5–32.4)	66	8.8	26.5 (26.2–26.9)	11	1.5	32.0 (29.5–34.4)

<sup>a</sup>BMI 85th < 95th percentile.

<sup>b</sup>BMI ≤ 95th percentile.

<sup>c</sup>BMI ≥ 23.66–28.87 kg/m<sup>2</sup>; ≥ 24.17–< 29.29 kg/m<sup>2</sup>; ≥ 24.54–< 29.56 kg/m<sup>2</sup>; ≥ 24.85–< 29.84 kg/m<sup>2</sup>; and ≥ 25–30 kg/m<sup>2</sup> respectively.

<sup>d</sup>BMI ≥ 28.87 kg/m<sup>2</sup>; ≥ 29.29 kg/m<sup>2</sup>; ≥ 29.56 kg/m<sup>2</sup>; ≥ 29.84 kg/m<sup>2</sup>; and ≥ 30 kg/m<sup>2</sup> respectively.

BMI = body mass index; CI = confidence interval; NHANES I = First National Health and Nutrition Examination Survey; IOTF = International Obesity Task Force.