

Table 1 Prevalence of underweight, normal, overweight and obesity in high-school girls in Sistan va Baluchistan province according to Centers for Disease Control cut-offs [14]

Age (years)	Total no.	Underweight ^a			Normal ^b			Overweight ^c			Obesity ^d		
		No.	%	BMI (kg/m ²)	No.	%	BMI (kg/m ²)	No.	%	BMI (kg/m ²)	No.	%	BMI (kg/m ²)
				Mean (95% CI)			Mean (95% CI)			Mean (95% CI)			Mean (95% CI)
14–14.9	37	6	16.2	14.3 (13.2–15.4)	26	70.3	19.3 (18.5–20.2)	5	13.5	24.8 (23.7–25.9)	0	0.0	0
15–15.9	156	17	10.9	15.4 (15.0–15.7)	123	78.8	19.3 (18.9–19.6)	14	9.0	25.2 (24.7–25.7)	2	1.3	30.5 (25.7–35.2)
16–16.9	185	32	17.3	15.8 (15.5–16.2)	135	73.0	19.8 (19.5–20.1)	15	8.1	26.6 (26.1–27.2)	3	1.6	30.8 (26.8–34.8)
17–17.9	212	33	15.6	16.3 (16.1–16.5)	157	74.1	20.2 (19.9–20.5)	18	8.5	27.1 (26.3–27.8)	4	1.9	34.1 (24.8–43.4)
18–18.9	162	34	21.0	16.5 (16.2–16.8)	113	69.8	20.4 (19.9–20.8)	13	8.0	27.5 (26.9–28.2)	2	1.2	31.0 (28.5–33.5)
Total	752	122	16.2	16.0 (15.8–16.2)	554	73.7	19.8 (19.7–20.0)	65	8.6	26.5 (26.1–26.8)	11	1.5	32.0 (29.5–34.4)

^aBMI < 5th percentile.

^bBMI ≥ 5th ≤ 85th percentile.

^cBMI > 85th < 95th percentile.

^dBMI ≥ 95th percentile.

BMI = body mass index; CI = confidence interval.