

Table 3 Perceived Stress Scale score by sex

Variable	Males			Females			Total		P	
	No.	Score		No.	Score		No.	Score		
		Mean	SD		Mean	SD		Mean		SD
In the last month, how often have you felt:										
You were unable to control the important things in your life?	52	60.6	29.9	121	44.4	31.7	173	49.3	32.0	< 0.01
Confident about your ability to handle personal problems?	52	62.0	24.0	123	52.0	31.6	175	55.0	29.9	< 0.05
Things were going your way?	52	72.6	24.4	123	52.6	26.2	175	58.6	27.2	< 0.001
Things were piling up so high you could not overcome them?	51	46.6	24.5	123	38.4	26.1	174	40.8	25.8	0.058
Perceived Stress Scale score	51	60.5	16.5	121	46.5	21.7	172	50.7	21.2	< 0.001

SD = standard deviation.