Table 5 Beliefs of medical students about the effectiveness of physicians' counselling patients about smoking to stop or not start smoking

Belief	No.	%
How effective is physician		
counselling to help patients stop		
smoking?		
Very effective	43	12.8
Effective	128	38.0
Somewhat or not effective	166	49.3
How effective is physician		
counselling to help patients to		
not start smoking?		
Very effective	110	32.7
Effective	138	41.1
Somewhat or not effective	88	26.2