

Table 4 Results of multivariate analysis in group 1 (hypertension)

Variable	Adjusted odds ratio (95% CI)	P-value
BMI (kg/m ²)		0.12
< 25	1	
25–29.9	1.30 (0.92–1.83)	
> 30	0.93 (0.62–1.40)	
Sex (% women)	1.75 (1.30–2.34)	0.0002
Grade of hypertension ^a		< 0.0001
1	1	
2	0.20 (0.15–0.20)	
3	0.06 (0.03–0.09)	

^aGrade 1 blood pressure (BP): 140–159/90–99 mmHg; grade 2 BP: 160–179/100–109 mmHg; grade 3 BP: $\geq 180/\geq 110$ mmHg.