Step 3 Module Step 1 Step 2 Questionnaire-based Physical measurements **Biochemical analyses** Data collection Each 2 years Each 3-5 years Each 2 years Core

Weight, height, waist, Family history, socioeconomic demographic va tobacco, physic inactivity nutriti

Table 1 Levels of the surveillance system: CASPIAN Study

c and variables, cal tion	and blood pressure		
11011 11S,	Hip girth	Total- and high-density	
ies (in	p 3	lipoprotein cholesterol,	
nold		triglycerides, fasting blood	

protein, urine

	machivity, matintion		
Expanded core	Dietary patterns, physical activities (in	Hip girth	Total- and high-density lipoprotein cholesterol,
	detail), household indicators		triglycerides, fasting blood sugar
Optional (examples)	Mental health, injury	Skin fold, pulse rate	Oral glucose tolerance test & insulin among obese subjects, lipoprotein A, apolipoprotein

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(examples)		insulin among obese subjects,
		lipoprotein A, apolipoprotein
		A, apolipoprotein B, C-reactive