

Table 2 Comparison of the frequency of cardiovascular disease risk factors between know cases of diabetes and new cases of diabetes, according to sex

| Variable | Men | | | | Women | | | | Total | | | |
|---|-----------------------------|------|---------------------------|------|------------------------------|-----|---------------------------|------|--------------------|------|---------------------------|------|
| | Known diabetics (n = 75) | | New diabetics (n = 14) | | Known diabetics (n = 100) | | New diabetics (n = 26) | | Known (n = 175) | | New diabetics (n = 40) | |
| | No. | % | No. | % | No. | % | No. | % | No. | % | No. | % |
| Hypertension ^a | 1 | 1.3 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 0.6 | 0 | 0.0 |
| Overweight ^b | 0 | 0.0 | 0 | 0.0 | 3 | 3.0 | 0 | 0.0 | 3 | 1.7 | 0 | 0.0 |
| Obesity ^c | 1 | 1.3 | 0 | 0.0 | 0 | 0.0 | 1 | 3.8 | 1 | 0.6 | 1 | 2.5 |
| Increased WC ^d | 1 | 1.3 | 0 | 0.0 | 3 | 3.0 | 1 | 3.8 | 4 | 2.2 | 1 | 2.5 |
| Dyslipidaemia ^e | 12 | 16.0 | | 0.0 | | 1.0 | 0 | 0.0 | 13 | 7.4 | 0 | 0.0 |
| Hypertension + increased BMI | 0 | 0.0 | 1 | 7.1 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 2.5 |
| Hypertension + increased WC | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| Hypertension + dyslipidaemia | 10 | 13.3 | 1 | 7.1 | 0 | 0.0 | 1 | 3.8 | 10 | 5. | 2 | 5.0 |
| Increased BMI + dyslipidaemia | 25 | 33. | 10 | 71. | 34 | 34. | 12 | 46.2 | 59 | 33.7 | 22 | 55.0 |
| Increased WC + dyslipidaemia | 9 | 12.0 | 6 | 42.9 | 43 | 43. | 12 | 46.2 | 52 | 29. | 18 | 45.0 |
| Hypertension + increased BMI + dyslipidaemia | 20 | 26. | 8 | 57.1 | 45 | 45. | 6 | 23.1 | 65 | 37. | 14 | 35.0 |
| Hypertension + increased WC + dyslipidaemia | 13 | 17. | 6 | 42.9 | 52 | 52. | 7 | 26.9 | 65 | 37. | 13 | 32.5 |

^aSystolic blood pressure ≥ 140 mm/Hg or diastolic blood pressure ≥ 90 mmHg, or receiving antihypertensive medication.

^b25 kg/m² \leq BMI < 30 kg/m².

^cBMI ≥ 30 kg/m².

^d> 88 cm in women, > 102 cm in men.

^eTriglycerides ≥ 200 mg/dL or high-density lipoprotein cholesterol < 40 mg/dL, or total cholesterol ≥ 240 mg/dL, and low-density lipoprotein cholesterol > 100 mg/dL.

*P ≤ 0.05 .

n = number of participants; WC = waist circumference; BMI = body mass index.