Table 1 Percentage of people in the 3 groups who wanted help with mental health problems, and percentage who actually sought help, in the previous 6 months

Sample	Wanted help		Actually sought help	
	No.	%ª	No.	% ^b
General population ($n = 100$)	76	76.0	38	50.0
Parents of children with mental illness ($n = 80$)	65	81.3	36	55.4
Teachers ($n = 100$)	60	60.0	21	35.0

^aPercentage of the whole sample who wanted help. ^bPercentage of those who wanted help who actually sought it. n = total number of respondents.