Table 1 Percentage of people in the 3 groups who wanted help with mental health problems, and percentage who actually sought help, in the previous 6 months

| Sample | Wanted help |  | Actually sought <br> help |  |
| :--- | :---: | :---: | :---: | :---: |
|  | No. | $\%^{\text {a }}$ | No. | $\%^{\mathbf{b}}$ |
| General population $(n=100)$ | 76 | 76.0 | 38 | 50.0 |
| Parents of children with mental <br> illness $(n=80)$ | 65 | 81.3 | 36 | 55.4 |
| Teachers $(n=100)$ | 60 | 60.0 | 21 | 35.0 |

${ }^{\text {a }}$ Percentage of the whole sample who wanted help.
${ }^{\text {b }}$ Percentage of those who wanted help who actually sought it.
$\mathrm{n}=$ total number of respondents.

