Table 4: Description of factors related to the healthcare provider and patient’s knowledge about the disease.

**Factor N (%)**

**Frequency of physician’s visit**
- Monthly: 11 (3.3)
- Once every 2 months: 5 (1.5)
- Once every 3 months: 21 (6.2)
- Once every 6 months: 78 (23.1)
- Once per year: 134 (39.8)
- Less than once per year: 88 (26.1)

**Physician’s explanation**
- No: 20 (5.9)
- Yes: 317 (94.1)

**Do you think you have enough information about the disease?**
- No: 187 (55.5)
- Yes: 150 (44.5)

**Postponing / cancelling medical appointments at the last minute**
- No: 158 (46.9)
- Yes: 179 (53.1)

**Following a recommended diet**
- No: 240 (71.2)
- Yes: 97 (28.8)

**Main source of iodine**
- Iodized salt: 80 (23.7)
- Seafood: 183 (54.3)
- Don't know: 74 (22)

**Which part of the body needs iodine**
- Thyroid gland: 199 (59)
- Don't know: 138 (41)

**The most negative outcome for iodine deficiency**
- Impaired growth: 31 (9.2)
- Hypothyroidism: 157 (46.6)
- Don't know: 149 (44.2)