

Table 2
Univariate logistic regression for association of healthy lifestyle behaviours and bully victimization and violence

Variables	Being bullied		Violence	
	OR (95% CI)	P-value	OR (95% CI)	P-value
Socio-demographics				
Age				
	<=14	1	1	
	>14	0.95(0.74-1.21)	1.14(0.86-1.50)	0.342
Sex				
	Male	1	1	
	Female	0.68(0.38-1.24)	0.32(0.22-0.46)	<0.001
SES				
	Average	1	1	
	Below Average	1.58(1.20-2.08)	1.44(1.04-2.00)	0.026
BMI				
	Over weight	1	1	
	Normal Weight	0.93(0.74-1.16)	1.05(0.86-1.28)	0.604
Parental understanding				
	Low level of understanding	1	1	
	High level of understanding	0.76(0.61-0.95)	0.71(0.60-0.84)	<0.001
Parental check				
	No	1	1	
	Yes	0.89(0.73-1.09)	0.86(0.73-1.02)	0.091
Friends				
	No	1	1	
	Yes	1.00(0.74-1.34)	1.14(0.89-1.46)	0.287
Healthy Lifestyle behaviours				
Nutrition				
	Not Recommended	1	1	
	Recommended	1.06(0.76-1.47)	1.08(0.77-1.52)	0.623
Hygiene				
	Poor	1	1	
	Good	0.55(0.42-0.71)	0.51(0.40-0.64)	<0.001
Physical activity				
	No	1	1	
	Yes	0.52(0.38-0.72)	0.54(0.43-0.68)	<0.001
Tobacco and other products				
	Yes	1	1	
	No	0.34(0.24-0.48)	0.30(0.20-0.44)	<0.001

OR: Odds Ratio; CI: Confidence Interval; statistically significant < 0.05