

Table 1. Demographic findings

| Characteristics | | No. | % |
|-------------------------------------|-----------------------------|-----|------|
| Sex | Male | 62 | 41.1 |
| | Female | 89 | 58.9 |
| Education | Illiterate | 10 | 6.6 |
| | Below diploma | 85 | 56.3 |
| | Diploma | 34 | 22.5 |
| | Higher education | 22 | 14.6 |
| Mean annual income (US\$) | < 2400 | 14 | 9.3 |
| | 2400–4200 | 82 | 54.3 |
| | > 4200 | 55 | 36.4 |
| Physician level of practice | General practitioner | 83 | 55 |
| | Internist (Endocrinologist) | 68 | 45 |
| Long-term complications | Yes | 40 | 26.5 |
| | No | 111 | 73.5 |
| Family history of type 2 diabetes | Yes | 99 | 65.5 |
| | No | 52 | 34.4 |
| Family history of insulin treatment | Yes | 59 | 39.1 |
| | No | 92 | 60.9 |