

Table 1. Characteristics of the participants (*n* = 22)

Characteristic	%
<i>Mean (SD) age (years)</i>	40.8 (12.5)
<i>Age range (years)</i>	30–67
<i>Marital status</i>	
Married	50.0
Single/divorced/widowed	50.0
<i>No. of children</i>	
0	59.0
1	27.3
2	4.6
3	9.1
<i>Perceived general health</i>	
Bad	22.7
Moderate	40.9
Good	36.4
<i>Education</i>	
High school diploma	22.7
Higher education	77.3
<i>Occupation</i>	
Housewife	27.2
Employed	72.8