Figure 1: Flow diagram of the selection of papers

5240 studies retrieved:
4775 (91%) PubMed
465 (9%) Science Direct

1737 (33.1%) excluded because not on humans and not in English

3469 (66.2%) articles retained for title and abstract review

3268 (62.4%) excluded because did not meet the inclusion criteria

201 (3.8%) articles selected for full text review

161 (3.1%) excluded because did not meet inclusion criteria

40 (0.07%) articles included for final review

34 (0.6%) duplicates excluded