<table>
<thead>
<tr>
<th>Age (years)</th>
<th>No.</th>
<th>Folate (ng/mL) Mean (SD)</th>
<th>Vitamin B\textsubscript{12} (pg/mL) Mean (SD)</th>
<th>&lt; 1.5 ng/mL No.</th>
<th>&lt; 1.5 ng/mL %</th>
<th>&lt; 3.0 ng/mL No.</th>
<th>&lt; 3.0 ng/mL %</th>
<th>&lt; 5.0 ng/mL No.</th>
<th>&lt; 5.0 ng/mL %</th>
<th>&lt; 160 pg/mL No.</th>
<th>&lt; 160 pg/mL %</th>
<th>&lt; 200 pg/mL No.</th>
<th>&lt; 200 pg/mL %</th>
<th>&lt; 250 pg/mL No.</th>
<th>&lt; 250 pg/mL %</th>
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</thead>
<tbody>
<tr>
<td>20–29</td>
<td>199</td>
<td>4.63 (2.3)</td>
<td>301.3 (192.6)</td>
<td>0</td>
<td>0.0</td>
<td>40</td>
<td>20.1</td>
<td>134</td>
<td>67.3</td>
<td>40</td>
<td>20.1</td>
<td>65</td>
<td>32.7</td>
<td>95</td>
<td>47.7</td>
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<tr>
<td>30–39</td>
<td>209</td>
<td>4.23 (1.7)</td>
<td>251.0 (147.1)</td>
<td>4</td>
<td>1.9</td>
<td>37</td>
<td>17.7</td>
<td>153</td>
<td>73.2</td>
<td>57</td>
<td>27.3</td>
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<td>125</td>
<td>59.8</td>
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<tr>
<td>40–49</td>
<td>197</td>
<td>4.34 (1.9)</td>
<td>242.7 (132.4)</td>
<td>2</td>
<td>1.0</td>
<td>39</td>
<td>19.8</td>
<td>137</td>
<td>69.5</td>
<td>50</td>
<td>25.4</td>
<td>77</td>
<td>39.1</td>
<td>119</td>
<td>60.4</td>
</tr>
<tr>
<td>50–59</td>
<td>199</td>
<td>4.74 (2.5)</td>
<td>267.6 (184.9)</td>
<td>4</td>
<td>2.0</td>
<td>36</td>
<td>18.1</td>
<td>132</td>
<td>66.3</td>
<td>51</td>
<td>25.6</td>
<td>73</td>
<td>36.7</td>
<td>109</td>
<td>54.8</td>
</tr>
<tr>
<td>≥ 60</td>
<td>180</td>
<td>5.19 (3.5)</td>
<td>265.9 (186.9)</td>
<td>0</td>
<td>0.0</td>
<td>30</td>
<td>16.7</td>
<td>106</td>
<td>58.8</td>
<td>56</td>
<td>31.1</td>
<td>71</td>
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<td>56.1</td>
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<td>Total</td>
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<td>4.61 (2.4)</td>
<td>265.6 (170.9)</td>
<td>10</td>
<td>1.0</td>
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<td>18.5</td>
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<td>67.3</td>
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<td>25.8</td>
<td>377</td>
<td>38.3</td>
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<td>55.8</td>
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</tbody>
</table>