<table>
<thead>
<tr>
<th>Variable</th>
<th>Odds ratio</th>
<th>P-value</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>(95% CI)</td>
<td></td>
</tr>
<tr>
<td>BMI (kg/m$^2$)</td>
<td>0.87</td>
<td></td>
</tr>
<tr>
<td>&lt; 25</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>25–29.9</td>
<td>1.10 (0.76–1.61)</td>
<td></td>
</tr>
<tr>
<td>&gt; 30</td>
<td>1.05 (0.69–1.60)</td>
<td></td>
</tr>
<tr>
<td>Sex (% women)</td>
<td>2.19 (1.59–3.01)</td>
<td>&lt; 0.0001</td>
</tr>
<tr>
<td>Grade of hypertension</td>
<td>&lt; 0.0001</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>0.32 (0.32–0.45)</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>0.10 (0.06–0.16)</td>
<td></td>
</tr>
</tbody>
</table>

$^a$Grade 1 blood pressure (BP): 140–159/90–99 mmHg; grade 2 BP: 160–179/100–109 mmHg; grade 3 BP: $\geq 180/\geq 110$ mmHg.