Figure 4: Barriers to accessing health care for pregnant adolescents

PREGNANT ADOLESCENTS

1st delay

2nd & 3rd delay

INDIVIDUAL FACTORS
- Perception of need:
  - Inability to recognize signs of pregnancy, labour and other complications
  - Lower educational attainment
  - Lack of motivation to seek care:
  - Unwanted/unplanned pregnancy
  - Limited autonomy
  - Financial constraints
  - Limited mobility
  - Distance from services
  - Lack of awareness of existing services
  - Perception of services and service providers
  - Violence and abuse during pregnancy

FAMILIAL & CULTURAL FACTORS
- Social and cultural restrictions
- Limited resources allocated to health care
- Adolescent girls' health low on the family priority

HEALTH SERVICE PROVISION
- Lack of availability of health care services
- Lack of accessibility of services
- Servicesclinics not available in the neighbourhood
- Costs of services
- Unfriendly health providers' attitude
- Long waiting time at the clinics
- Unsuitable opening hours of the clinics