Coexistence of total glucose intolerance (diabetes, impaired fasting glucose and impaired glucose tolerance), central obesity (waist–hip ratio $\geq 0.95$ for men; $\geq 0.85$ for women) and hypertension (systolic blood pressure $\geq 140$ mmHg and/or diastolic $\geq 90$ mmHg) ($n = 250$)

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