

### **AFGHANISTAN**

**INFECTIOUS DISEASE OUTBREAKS** SITUATION REPORT | Epidemiological week #11-2023



Disease Outbreaks	<b>→♣</b> <b>AWD</b> (May 22 - Mar 23)	<b>ARI</b> (Oct 22 - Mar 23)	<b>COVID-19</b> (Feb 20 - Mar 23)	Pertussis (Jun 22 - Mar 23)	Measles (Jan 22 - Mar 23)	Dengue fever (Jan 22 - Mar 23)
Cumulative Cases (Data from 597(97.4%) out of 613 surveillance sentinel sites)	268,072	4,719,748	209,607	1,125	85,474	1,368
Death (CFR %)	<b>95</b> (0.04)	<b>1,491</b> (0.03)	<b>7,901</b> (3.8)	<b>15</b> (1.3)	<b>415 (</b> 0.5 <b>)</b>	<b>2</b> (0.15)

## **Acute Watery Diarrhea (AWD) with Dehydration Outbreak** (01 May 2022 to 18 Mar 2023)

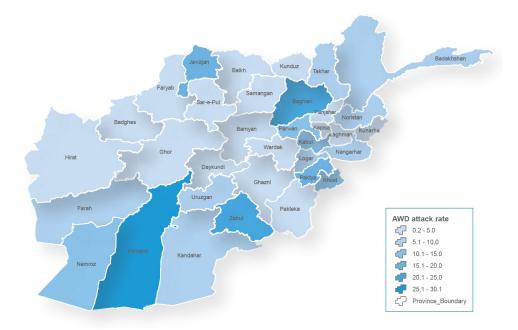
## Table 1: summary of the AWD with Dehydration outbreak in the last eight weeks (22 Jan - 18 Mar 2023)

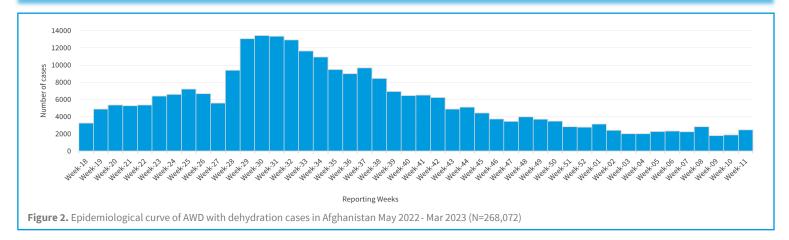
Indicators	W04	W05	W06	W07	W08	W09	W10	W11	Epi-curve
Suspected cases	2,012	2,266	2,339	2,263	2,836	1,815	1,878	2,485	
% Change cases	-0.5	12.6	3.2	-3.2	25.3	-36.0	3.5	32.3	
Deaths	0	1	1	0	1	0	1	0	
CFR (%)	0.00	0.04	0.04	0.00	0.04	0.00	0.05	0.00	
	-	-							_

- During week 11-2023, a total of 2,485 new AWD cases with dehydration and no new deaths were reported which indicates 32.3% increase in the number of cases.
- Out of 268,072 cases, 148,343 (55.3%) were children below 5 years and 133,840 (49.9%) were females.
- A total of 2,657 samples were tested for AWD.
- The first few cases of AWD with dehydration were reported to the National Disease Surveillance and Response System (NDSR), MoPH and WHO on 04 May 2022 from
- Kandahar city of Kandahar province and spread to 176 districts in all 34 provinces (Figure 1).
- •The epi curve shows gradual decline in the number of AWD with dehydration cases from week-32 2022 to week-7 2022, this decline could be explained by seasonal change towards winter and partially impact of response to AWD outbreak with improved WASH activities in the affected provinces. (Figure 2).

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**AWD** with dehydration attack rate per 1,000 population by province As of 18 Mar 2023





#### **Response to the AWD Outbreak**

#### **Leadership and Coordination**

- •Regular biweekly AWD task force meetings are conducted among the partners to prepare for the next season of AWD outbreak response.
- Emergency and Preparedness Response Committees (EPR) are active at the provincial level.

#### Surveillance

- •Surveillance support teams (SSTs) are actively participating in outbreak investigation and response activities in 34 provinces.
- •Totally, 1,018 medical officers and community health supervisors (CHSs) have been trained on procedures of community event-base surveillance (EBS) in 6 provinces (Kabul, Badakhshan, Bamyan, Herat, Kandahar and Nangarhar).
- •Supervisory visits have been conducted in different provinces to strengthen early detection and timely response to AWD outbreaks.

#### **Case Management**

•During last week, a TOT on AWD case management has been conducted for medical officers (42 males and 4 females) from all regions, as part of preparedness plan for 2023 season.

#### **Laboratory and Supplies**

As part of the preparedness plan for 2023 season:

- •A total of 3,750 Cary Blairs and 325 kits of RDTs were prepositioned at 34 provinces for supporting specimen collection and confirmation of AWD cases with dehydration.
- •Forty laboratory technologists, from regional reference labs (RRLs) (5), provincial PCR labs (28), infectious diseases hospital (IDH) (2), Afghan Japan Hospital Lab (1) and the central public health laboratory (CPHL) (4), were trained on sample collection, transportation, and impact of sample quality on lab results.

#### **WASH and RCCE**

During the last two weeks (1-15 March 2023), the following activities were carried out as WASH responses:

- •About 22,000 hygiene kits were distributed to more than 150,000 individuals in 9 provinces (Faryab, Helmand, Herat, Kandahar, Kapisa, Khost, Kunduz, Laghman and Takhar).
- •Clean water were provided to more than 120,000 individuals by chlorination of 1,918 wells in 4 outbreak affected provinces (Herat, Kahndhar, Khost and Kunar).
- •Sanitation and hygiene facilities were provided to more than 13,500 individuals by installation and rehabilitation of emergency latrines in 10 outbreak affected provinces (Balkh, Faryab, Helmand, Herat, Kabul, Khost, Kunduz, Nangarhar, Parwan and Takhar).
- •Hygiene promotion sessions were provided to more than 129,000 individuals in 8 outbreak affected provinces (Balkh, Faryab, Helmand, Herat, Kandahar, Kunduz, Laghman and Takhar).
- •Safe drinking water was provided to more than 3,000 individuals by rehabilitation of water supply systems in 4 provinces (Faryab, Herat, Jawzjan and Kunduz).
- •Household water treatment promotion (distribution of water treatment material along with awareness session on the use and different ways of water purification) activities were conducted in 3 provinces (Helmand, Khost, and Parwan) reaching 4,000 residents.



# Acute Respiratory Infection (ARI) (01 Oct 2022 to 18 Mar 2023)









Influenza

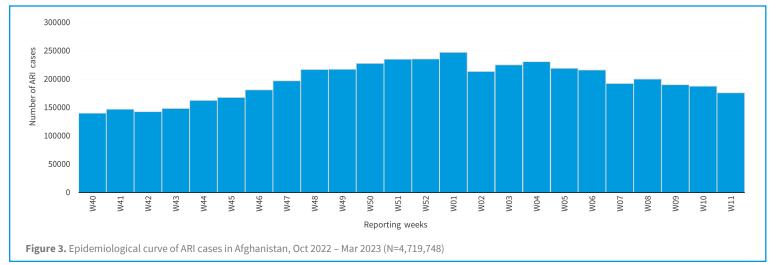


Table 2: summary of the acute respiratory infection outbreak in the last eight weeks (22 Jan − 18 Mar 2023)

samples tested

Indicators	W04	W05	W06	W07	W08	W09	W10	W11	Epi-curve
Suspected cases	231,087	219,397	216,354	192,490	200,318	190,123	187,716	176,174	
% Change cases	2.6	-5.1	-1.4	-11.0	4.1	-5.1	-1.3	-6.1	<b>\</b>
Deaths	112	83	65	68	72	46	60	48	
CFR (%)	0.05	0.04	0.03	0.04	0.04	0.02	0.03	0.03	
					0.04	-			

- Case definition of ARI: Acute onset of cough, cold, coryza (runny nose), pharyngitis, laryngitis, bronchitis, or bronchiolitis with or without fever, Influenza-Like Illness (ILI), and pneumonia including severe acute respiratory illness (SARI) and suspected COVID-19.
- During week 11-2023, a total of 176,174 new ARI cases and 48 new deaths were reported which indicates 6.1% and 20% decrease in the number of cases and deaths, respectively, compared to the previous week.
- Since Oct 2022, out of the total 4,719,748 ARI cases, representing 14.4% of the total population of Afghanistan, 2,129,481 (45.1%) were children below 5 years of age and 2,453,896 (52.0%) were females.
- The epi curve shows the gradual increase in the weekly number of ARI cases since week 40- 2022 until epi-week 1-2023 which might be due to multiple factors such as seasonal changes, relatively harsh winter, poor socio-economic condition, and susceptibility to the infectious pathogen. Despite the slight fluctuations, there is an overall stabilization in the number of reported cases since week 2- 2023 with a decline observed over the past 4 weeks (Figure 3).





**Figure 4.** Comparison of ARI trend curve using 3 years average (2019-2021) vs Oct 2022 – Mar 2023, in Afghanistan

Figure 4 shows gradual increase in the number of ARI cases in 2022 compared to the average of the last three years. This increase in 2022 could be explained by multiple factors such as lack of immunity to some pathogens due to stopping preventive measures after 3 years of COVID-19, increased access to the health services, and expansion of NDSR sentinel sites. However, decreasing trend has been observed since week 2 of the current year, which could be explained by the ending of the winter season.



## **Response to Acute Respiratory Infection outbreak**

- •The provincial NDSR team through provincial EPR committee is leading the outbreak response activities.
- •Surveillance is conducted by the SSTs and case management is done by the BPHS/EPHS implementing partners.
- •Samples are collected and shipped to CPHL/NIC for testing.
- •Since the beginning of the outbreak, a total of 512 ARI case management kits and 960 packs of essential antibi-

otics were distributed in the 13 highly-affected provinces.

- •As part of preparedness and response activities to infectious disease outbreaks during the winter season, medical supplies have been prepositioned in all 34 provinces across the country.
- •During the last week, 44 medical officers and 22 nurses were trained on ARI case management in southeastern region (Paktya, Paktika, Khost and Ghazni) provinces. This brings the total number of ARI trained HCWs to 446 in 12 provinces.

# COVID-19 (24 Feb 2020 — 18 Mar 2023)

Cumulative samples tested
807,357
In public laboratories only

2.5%

New samples tested in week 11
2,887
In public laboratories only

Cumulative confirmed cases
209,607

Cumulative percent positivity (26.0%)

75.0%

New confirmed cases in week 11

238

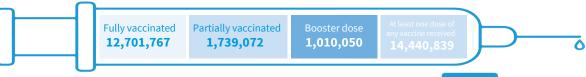
In public laboratories only

Cumulative confirmed deaths
7,901
CFR (3.8%)

New confirmed deaths in week 11
2
Weekly CFR (0.8%)

Key: ● Increasing ● Decreasing ● No change

# **COVID-19 Vaccination highlights**



\*Total population: 39,269,174\*(Ref: UN estimation, AFG CMYP 2022)

Proportion of population\* who are fully vaccinated

Proportion of population\* who at least received one

Proportion of population\* who are received booster dose

2.6%

#### Table 3: Summary of COVID-19 indicators in the last 8 weeks in Afghanistan (22 Jan - 18 Mar 2023)

Indicators	W04	W05	W06	W07	W08	W09	W10	W11	Epi-curve
Samples tested (in public Labs)	1,901	2,163	1,960	2,180	2,556	2,454	2,817	2,887	-
Confirmed cases	267	178	181	121	129	126	136	238	<b>\</b>
% Change cases	44.3	-33.3	1.7	-33.1	6.6	-2.3	7.9	75.0	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
Percent positivity (%)	14.0	8.2	9.2	5.6	5.0	5.1	4.8	8.2	4
Deaths	8	14	3	1	0	1	1	2	1
CFR (%)	3.0	7.9	1.7	0.8	0.0	0.8	0.7	0.8	<b>A</b>



- Since the beginning of the pandemic in Feb 2020, a total of 807,357 samples have been tested for COVID-19 through public laboratories.
- In week 11-2023, 2,887 samples were tested in public labs, of which 238 samples were positive for COVID-19 (test positivity of 8.2%) and two new deaths were reported. This represents 75.0% and 100% increase in the number of confirmed cases and deaths, respectively, compared to the previous week.

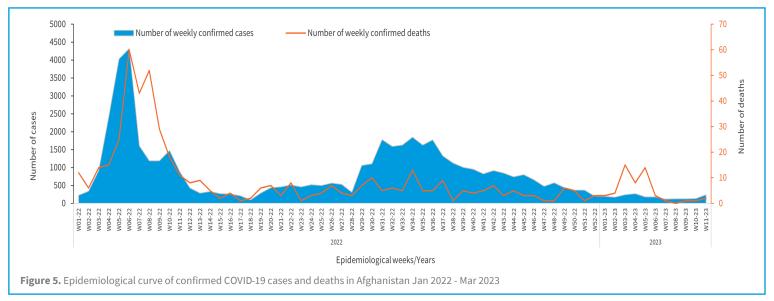
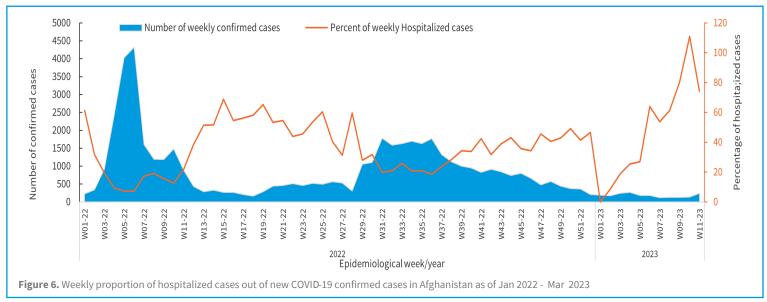


Figure 5 shows a decline trend of confirmed cases and deaths since week-36 of 2022, with stabilization of the number of cases at very low level during the past 10 weeks. This pattern could be explained by reduction in the number of samples tested (suspected patients are not testing), closure of some COVID-19 hospitals, reduced susceptibility of general population to COVID-19 and impact of nation-wide vaccination campaigns.



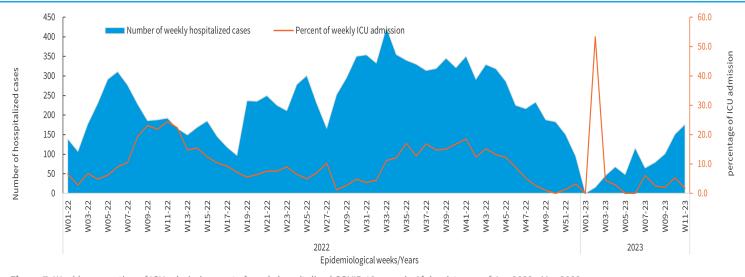


Figure 7. Weekly proportion of ICU admissions out of newly hospitalized COVID-19 cases in Afghanistan as of Jan 2022 - Mar 2023



# Suspected Pertussis Outbreaks (Jan 2022 — Mar 2023)





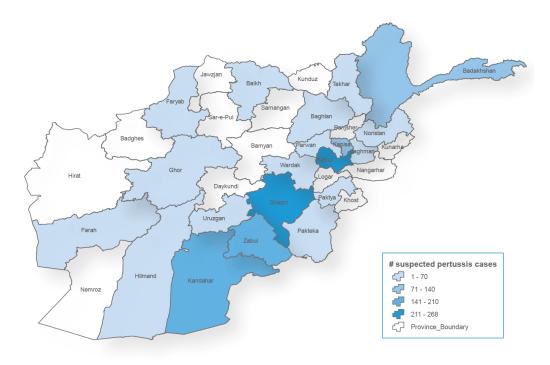
### Table 4: summary of the suspected pertussis outbreak in the last eight weeks (22 Jan - 18 Mar 2023)

		_	_	_				_	
Indicators	W04	W05	W06	W07	W08	W09	W10	W11	Epi-curve
Suspected cases	9	13	6	4	12	3	6	10	
% Change cases	-30.8	44.4	-53.8	-33.3	200.0	-75.0	100.0	66.7	<b>→</b>
Deaths	0	0	0	0	0	0	0	0	• • • • • • • • • • • • • • • • • • • •
CFR (%)	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	• • • • • • • • • • • • • • • • • • • •
	•	•	•	•	•	•	•	•	•

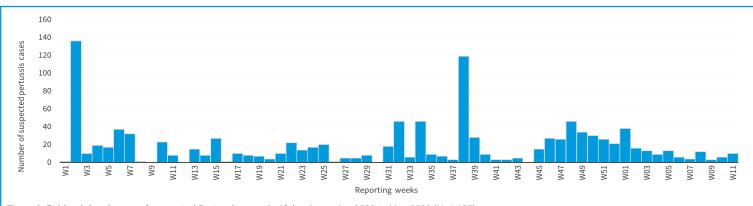
- During week 11-2023, a total of 10 new suspected pertussis cases were reported from 3 provinces (Kabul (4), Zabul (3) and Nuristan (3)), this brings the total number of suspected cases to 1,125 from 20 provinces.
- Out of the total 1,125 cases, 791 (70.4%) were children below 5 years and 532 (47.4%) were females.

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Geographical Distribution of Suspected Pertussis Cases by Province As of 18 Mar 2023



**Figure 8.** Geographical distribution of suspected pertussis cases in Afghanistan Jan 2022 - Mar 2023 (N=1,125)





# **Measles Outbreak** (01 Jan 2022 to 18 Mar 2023)











Table 5: summary of the suspected measles outbreak in the last eight weeks (22 Jan – 18 Mar 2023)

Indicators	W04	W05	W06	W07	W08	W09	W10	W11	Epi-curve
Suspected cases	665	717	822	837	871	807	897	785	-
% Change cases	6.4	7.8	14.6	1.8	4.1	-7.3	11.2	-12.5	
Deaths	3	3	1	3	2	0	4	5	
CFR (%)	0.5	0.4	0.1	0.4	0.2	0.0	0.4	0.6	
	•				•	•	•		· /

- During epidemiological week 11-2023, a total of 785 new suspected cases and 5 new deaths were reported which indicates 12.5% decrease in the number of cases, compared to the last week.
- The 5 newly reported deaths were from 3 provinces (Kabul (1), Nangarhar (2) and Samangan (2)); 2 were males and 3 were females and all were under 5 years of age.
- Out of the total 85,474 cases, 65,679 (76.8%) were children under 5 years of age and 41,556 (48.6%) were females.

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**Suspected measles attack** per 1,000 population of by province

As of 11 Mar 2023

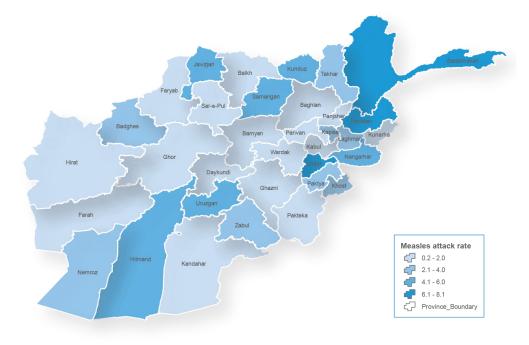
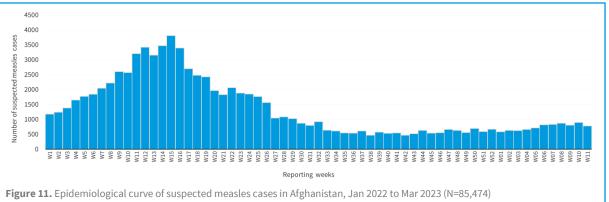


Figure 10. Suspected measles attack rate per 1,000 population of by province in Afghanistan Jan 2022 - Mar 2023 (N=85,474)



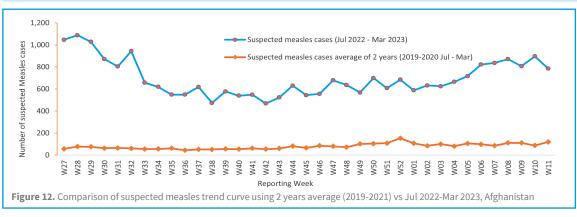
reached to the peak at epi-week 15- 2022 and followed by decreasing pattern till epi-week-35 2022. Since epi-week 1-2023, the weekly number suspected measles cases has been increasing which could be explained lower immunity of children due to the harsh winter season.

Figure 11 shows increas-

ing trend of suspected

weekly measles cases,





The weekly number of suspected measles cases indicates decreasing trend between weeks 27-35, 2022, followed by stabilization up to week 1 -2023, laying above the average of last 2-years (2019-2020).

#### **Response to Measles outbreak**

- During the last week, a total of 450 children aged 9-59 months were vaccinated for measles as a response to outbreak by the implementing partners (NGOs) in different province. This brings the total number of vaccinated children by NGS to 4,340 in outbreak affected areas across the county.
- The national measles immunization campaign was conducted during November December 2022; immunizing 5.3 million children aged 9-59 months in 329 planned districts of 34 provinces across the country (almost 99% admin coverage).
- Since December 2021, around 11 million children (aged between 6 months to 14 years) have been vaccinated through 5 different measles outbreak response and national immunization campaigns in 34 provinces.
- A total of 593 measles case management kits have been supplied to 28 provinces in 7 regions across the country to support case management.

## Dengue Fever Outbreak (01 Jun 2022 to 18 Mar 2023)











## Table 6: summary of the Dengue fever outbreak in the last eight weeks (22 Jan – 18 Mar 2023)

W04	W05	W06	W07	W08	W09	W10	W11	Epi-curve
8	6	7	9	10	8	12	18	
166.7	-25.0	16.7	28.6	11.1	-20.0	50.0	50.0	1
0	0	0	0	0	0	0	0	• • • • • • • • • • • • • • • • • • • •
0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	• • • • • • • • • • • • • • • • • • • •
	8 166.7 0	8 6 166.7 -25.0 0 0	8     6     7       166.7     -25.0     16.7       0     0     0	8     6     7     9       166.7     -25.0     16.7     28.6       0     0     0     0	8     6     7     9     10       166.7     -25.0     16.7     28.6     11.1       0     0     0     0	8     6     7     9     10     8       166.7     -25.0     16.7     28.6     11.1     -20.0       0     0     0     0     0	8     6     7     9     10     8     12       166.7     -25.0     16.7     28.6     11.1     -20.0     50.0       0     0     0     0     0     0	8     6     7     9     10     8     12     18       166.7     -25.0     16.7     28.6     11.1     -20.0     50.0     50.0       0     0     0     0     0     0     0

- A total of 18 suspected dengue fever cases with no new deaths have been reported during week 11-2023, all cases were reported from Nangarhar province, which brings the total number of cases and deaths to 1,368 and 2, respectively.
- Out of 1,368 reported cases, 345 (25.2%) were females and 1,354 (99.0%) were over 5 years of age.

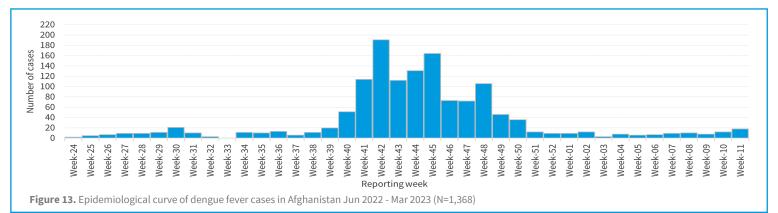


Figure 13 shows stabilization at low level in the number of suspected dengue cases during the last 10 weeks, which could be explained by the lower activity of the vector during the winter season. However, a slight increase has been witnessed during the last 2 weeks, requiring careful monitoring to confirm the trend.



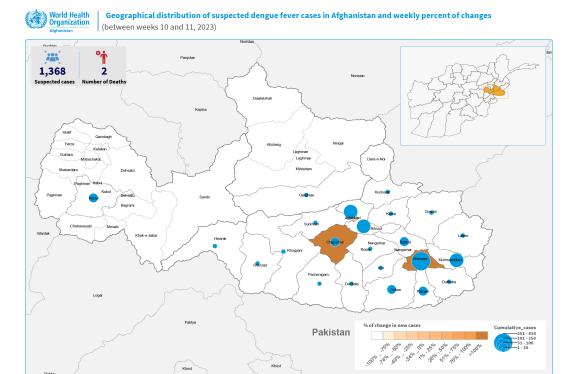


Figure 14. Hotspot areas of dengue fever cases and percent change of new cases in Afghanistan, Jun 2022 - Mar 2023

## Response to the dengue fever outbreak

- Since July 2022 a total of 9 PCR kits has been delivered to the Nangarhar reference lab (RL) to support the case confirmation of diagnosis among suspected dengue cases
- Overall, 1,000 Kgs of larvicides have been released and distributed to Nangarhar sub-office to support dengue fever vector control activities.
- Surveillance support and entomology teams in addition
- to surveillance activities (case detection, reporting and sample collection) monitoring the outbreak situation.

whatsoever on the part of the World Health Organization (WHO) concerning the legal status of any country, territory, city or area

Health education sessions were conducted in two villages of hotspot areas (Jalalabad city and Shinwar district) for increasing public awareness regarding source reduction activities as well as how to protect themselves from being infected.

#### **CCHF** highlights

- Between Jan 2022-Mar 2023, a total of 395 suspected CCHF cases were reported from 26 provinces, out of which 304 cases (76.9%) were males and all were over five years of age. From the reported cases, 103 (26.1%) were lab confirmed using PCR
- Between Jan-2022-Feb 2023, a total 22 CCHF associated deaths were reported from 10 provinces including the 9 deaths from 5 northern provinces, Balkh (4), Samangan (1), Jawzjan (1), Faryab (1) and Takhar (2).
- No new CCHF cases or associated deaths have been reported in the last 9 weeks.
- The CCHF cases are managed in the health facilities according to the national guidelines.

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- •2,000 double bags and 500 doses ribavirin needed for the treatment of CCHF were procured and distributed to all regions.
- A total of 91 healthcare workers (in 33 provinces) were trained on CCHF case management protocol in the country.
- During the week 5, 2 kits of CCHF ELISA have been supplied to central public health, 2 kits supplied to infectious disease hospital (IDH) and 1 kit supplied to Nangarhar reference laboratory for confirmation of CCHF cases.

Note: MOPH is the source of epidemiological data

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