

## Invited Papers

[Foreword](#)

[Two decades of nutrition assessment in the Eastern Mediterranean Region: scope, methodologies and dissemination](#)

[Dietetic practice: the past, present and future](#)

[Regional overview of maternal and child malnutrition: trends, interventions and outcomes](#)

[Managing nutritional programmes in developing countries](#)

[Nutrition in humanitarian crises](#)

[Iron deficiency anaemia – an old enemy](#)

[Experiences in the prevention, control and elimination of iodine deficiency disorders: a regional perspective](#)

[Food fortification: good to have or need to have?](#)

[Noncommunicable diseases: risk factors and regional strategies for prevention and care](#)

[Overweight and obesity in the Eastern Mediterranean Region: can we control it?](#)

[Food safety: current situation, unaddressed issues and the emerging priorities](#)

## **Research Papers**

[Maternal anaemia and its impact on perinatal outcome in a tertiary care hospital in Pakistan](#)

[Iron status of babies born to iron-deficient anaemic mothers in an Iranian hospital](#)

[Is stored expressed breast milk an alternative for working Egyptian mothers?](#)

[Nutritional assessment of lactating women in Shiraz in relation to recommended dietary allowances](#)

[An intervention programme for improving the nutritional status of children aged 2–5 years in Alexandria](#)

[Multidisciplinary intervention for reducing malnutrition among children in the Islamic Republic of Iran](#)

[Survey of dietary habits of in-school adolescents in Damascus, Syrian Arab Republic](#)

[Urinary iodine and other iodine deficiency indicators in a sample of school-age children in Egypt](#)

[Knowledge, attitudes and sources of information on breastfeeding among medical professionals in Baghdad](#)

[Dietary fat and breast cancer in Saudi Arabia: a case–control study](#)

[Obesity and cardiovascular disease risk factors in Tehran adults: a population-based study](#)

## **Review**

[Food habits of the Egyptians: newly emerging trends](#)

## **Reports**

[Anaemia among schoolchildren in Qena Governorate, Upper Egypt](#)

[Urinary iodine/creatinine ratio in patients with stomach cancer in Urmia, Islamic Republic of Iran](#)

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