

Each year October 1 is celebrated as International Day of Older Persons. This year the theme is “Leave no one behind: promoting a society for all”.

A key strategy to facilitate the inclusion of older persons is to make our world more age friendly. An age-friendly world enables people of all ages to actively participate in community activities and treats everyone with respect, regardless of their age. It is a place that makes it easy for older people to stay connected to people that are important to them. And it helps people stay healthy and active even at the oldest ages and provides appropriate support to those who can no longer look after themselves.

Many cities and communities are already taking active steps towards becoming more age-friendly.

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