

Use the month of blessings to purify your body and mind



tobacco, vapes or ets, you're not only ut also supporting

Choose to give to those who need it most vs. supporting a harmful industry



act of tobacco and during Ramadan TV

Be mindful of tobacco and vape product placement in shows and series



against the industry's ying off tobacco and eir daily marketing

Take a step against the industry's harmful practices



nervous system this

Protect your heart and nervous system



Protect your teeth and gums



r mental health by

ension.

Protect your mental health and reduce anxiety and tension



co products are not cigarettes.

Protect yourself by quitting without switching to vapes or heated tobacco products

 $\underline{French} \ \overline{\ } \ | \ \underline{Arabic} \ \overline{\ } \ | \ \underline{English}$



knowingly influence nabits.

Quit to positively impact your children's smoking habits



d friends from the

Protect your family and friends from the harms of secondhand smoke

Tuesday 14th of May 2024 07:07:41 PM French I | Arabic I | English