1. Burden of noncommunicable diseases
2. Regional framework for action for the prevention and control of noncommunicable diseases
3. Multisectoral action plan to prevent and control noncommunicable diseases
4. Role of legislation in preventing and controlling noncommunicable diseases
5. Reducing tobacco use to prevent and control noncommunicable diseases
6. Reducing salt/sodium consumption to prevent and control noncommunicable diseases
7. Reducing sugar consumption to prevent and control noncommunicable diseases
8. Reducing fat intake to prevent and control noncommunicable diseases
9. Preventing and controlling noncommunicable diseases through countering unopposed marketing of unhealthy foods
10. Promoting physical activity to prevent and control noncommunicable diseases
11. Importance of surveillance in preventing and controlling noncommunicable diseases

12. Management of noncommunicable diseases in primary health care

 ${\bf 13.\, Prevention\, and\, control\, of\, noncommunicable\, diseases\, in\, emergencies\ }$ 

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